

Phone: 530-473-2306  
 Email: info@wilburhotsprings.com  
 Website: http://wilburhotsprings.com/  
 Address: Wilbur Springs, California 95987-9709



## Dear Friends of Wilbur...



We and our guests were blessed with an unusual snow storm a few weeks ago. Soaking outside was especially delicious as the flakes cooled our faces and the warm water heated our bodies. Playing in the snow followed by a hot soak is a wonderful experience, and one we wish everyone could enjoy at least once in a lifetime!

## From Friends of Wilbur...

We spent Christmas at Wilbur. This is our second year visiting at this time and I want to let you know how wonderful our stay was and what an excellent staff you have. We don't celebrate Christmas per se, but what we DO celebrate is the "Christmas spirit" at Wilbur, where so many people come together to enjoy and share - the cheesecake on the night of the 24th and the egg nog on the 25th made by our new acquaintances were delicious and fun to indulge in with all the other guests.... And, the piano music - phenomenal!  
 The quality of service and respect was excellent.  
 Best wishes for a great new year. -S.G.



For nearly 25 years Wilbur has been our escape from the city. Thank you for maintaining and improving Wilbur for us.  
 May the new year bring all Wilburites peace and tranquility! -B.B.

Thank you for keeping Wilbur as a wonderful place for rest and rejuvenation. I look forward to my next visit, and I always will come back when I need that special water to work its magic on me!  
 With respect and admiration -S.L.

My husband and I were part of the New Year's weekend and I regret not making an opportunity for thanking you all personally for your commitment to Wilbur. I had a moment this weekend while sitting on the big leather couch of such deep gratitude for a space that brings folks together in an enriching and meaningful way.  
 Many thanks to the amazing staff at Wilbur that makes such bliss possible. -B.B. & J.D.



## UPCOMING WILBUR EVENTS

### Leap Year Guest Chef Weekend

February 29<sup>th</sup>-March 1<sup>st</sup>.

- ☞ Join us in February for more good food, meet some new friends, and celebrate Leap Year!
- ☞ **Guest Chefs Charlie and Marion Cascio** will be back with gastronomic treats for the holiday.
- ☞ Don't wait to the last minute, make your reservations today, you could miss it and you'd have to wait 4 more years!



Photo Courtesy of Dr. Marty Goodman

## WILBUR WINTER SPECIAL

Now through March 13<sup>th</sup>  
 25% off one night when staying two!

Receive 25% off 1 night when reserving for 2 in a room of equal value. Offer good Sunday through Thursday, non-holiday periods; not combinable with other discounts.

## Wilbur is pleased to welcome...

...new staff members **Catherine Coyte** and **Julie Steiner** who now live and work at Wilbur.

☞ Catherine, or Cathy, left England 18 years ago to live and work in the sunshine and mountains of Southern California. Career opportunities led to a move to the Bay Area and found Cathy living on a sail boat in Alameda. Early in 2007, after a life devoted to the development and support of computer systems, Cathy made a major career change to work in the hospitality industry in remote settings. Following a summer season in a wilderness area of Montana, Wilbur Hot Springs seemed the perfect next step.



☞ Julie Steiner arrives from Humboldt County where she has worked variously in teaching, editing and growing organic greens for market. She particularly loves the hiking opportunities at Wilbur and appreciates the native plant restoration project. Julie has two grown children, Kathryn and Matthew.

## MINDBODYHEALTH

HOST: DR. RICHARD L. MILLER



National Public Radio Affiliate  
 KZYX & Z

88.1 • 90.7 • 91.5 FM Radio

Mendocino County Public Broadcasting

On your computer at [www.KZYX.org](http://www.KZYX.org)

## Get a Massage at Wilbur

Massage and chiropractic services are available at Wilbur by appointment for an added fee.

Please call ahead...

530-473-2306

For more information on Wilbur therapists go to [www.wilburhotsprings.com](http://www.wilburhotsprings.com)

## A Romantic Wilbur... from Dr. Richard L. Miller

☞ I think of Wilbur Hot Springs as being a romantic place. For me, some times are more romantic than others... A starry night, a walk in the valley. I experience snow and a warm fire as especially romantic and captivating.

☞ Last week we had 6 inches of snow at Wilbur. Have you ever been in pristine country during a snow storm? Everything is blanketed with beautiful white fur. At Wilbur one can roll in the snow and then get directly into the soothing hot water. Wonderful!

☞ Our Wilbur snow experience was short and sweet for the rains took it away after several days. But now the hills are once again roiling mounds of emerald green.

☞ At Valentine's Day will be here soon ... Have you made your plans to bring your honey to Wilbur for a nice long week end? You will be glad you did.

Wilbur love to you all,  
**Richard**

*Richard Louis Miller, M.A., Ph.D.*

*Wilbur Caretaker in Chief since 1972*



**MASSAGE  
 MASSAGE  
 MASSAGE**

*Inquire about Wilbur's rotating massage program.*

For more information, contact Meg at (530) 473-2306.



## Wilbur's Special Birthday Program

Happy birthday to you, happy birthday to you!

Wilbur would like to gift you a Special Birthday Discount

☞ During the month of your birthday, returning guests presenting ID showing the date of their birth will receive 25% off the cost of their stay between Sunday and Thursday during their birthday month, holiday periods excluded.

☞ This gift is for the birthday person plus one guest occupying the same room.

"In all the world, no waters like these"

May abundance and joy enter each of your lives every day!

☞ From all of us at Wilbur

Ph 530-473-2306 • Ex 530-473-2497 • [www.wilburhotsprings.com](http://www.wilburhotsprings.com)

